

What is Mentoring?

A volunteer process in which a more experienced and trusted staff provides advice, support, and encouragement to a less experienced individual.

How much experience do you need to be a mentor?

You must be a clin 2 with two years of nursing experience and at least one year with UVACH.

What is the program structure?

Offered twice a year with a 6-month commitment, including two group events and independently scheduled mentee/mentor monthly meetings with tailored content.

What if you do not get along?

If the partnership is no longer a good "match" for either the mentee or the mentor, a discussion will be had with the Program Lead for action. This action could include reassignment or postponement until next session.

For more information, go to <u>Nursing Mentorship - UVA Community Health Intranet</u> Questions? Email <u>CLUVACHMentorProgram@uvahealth.org</u>